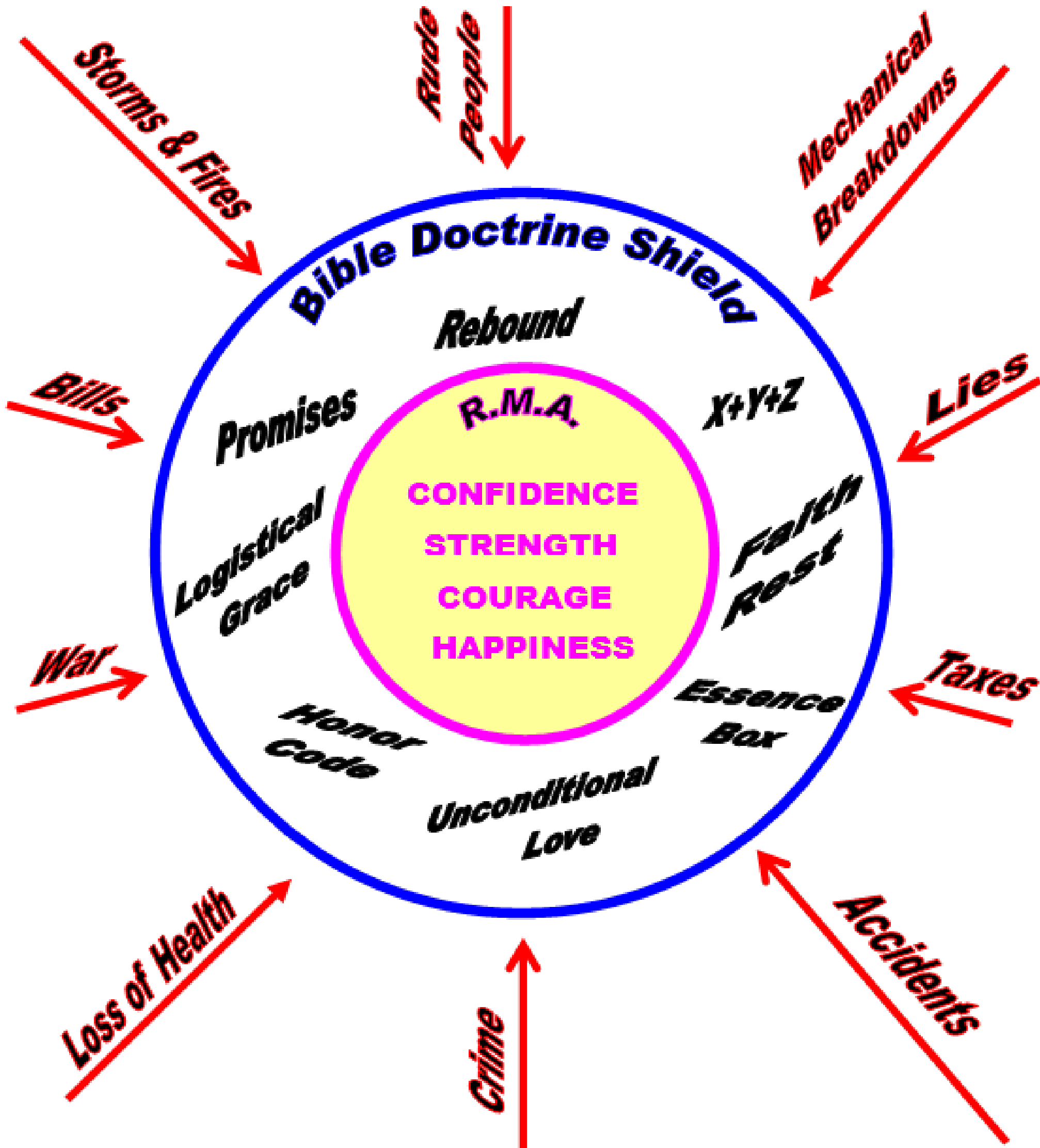


**Keeping a Relaxed Mental Attitude Under Pressure and Adversity**



# STRESS

